

# LEGACYplace

## School Vacation Specials at Legacy Place

An open-air shopping, dining and entertainment destination located at 950 Providence Highway at the intersection of Routes 1 and 128 in Dedham, MA, Legacy Place features a unique blend of retailers, restaurants and entertainment options, many of which have organized activities and special offers to entertain your family during school vacation week. See [LegacyPlace.com](http://LegacyPlace.com) for additional information!

### Aquitaine

February 8-21<sup>st</sup>

Make school vacation extra sweet for your son, daughter, or entire family! **Enjoy a family lunch or brunch during school vacation and enjoy complimentary profiteroles with your meal.** Special offer valid with coupon found on page two.

**Lunch:** Monday through Saturday, 11:30 AM-4:00 PM

**Brunch:** Sunday, 10:00 AM-4:00 PM

### B.Good

February 8-21<sup>st</sup>

Teachers, parents and students can **purchase any beef, turkey, veggie or chicken burger or lunch salad and turn it into a combo meal for free (includes fountain drink and choice of sweet potato or regular fries).** Bring in a school-aged child, student id, school paper or artwork to receive special offer. B. Good would be happy to hang your artwork up throughout school vacation! Also, enter to win a free meal for one week; ask for details/application form at the counter. Call 781.251.0222 with any questions. One winner will be chosen each week!

### Banana Republic

February 8-21<sup>st</sup>

All teachers and college students receive a **15% discount** when they show their school ID. For more information call 781.326.4117.

### Kenzie Kids & Kgirl

February 19<sup>th</sup>, 12:00-2:00 PM

**FREE Tween Fashion Event:** Find your favorite Spring look, consult with Tween style specialists, have your photo taken on our mock runway, share it with your bf's and family! Enter the drawing to win a Sugar Lips tank top. For more info contact: Estelle Colgan at 781.329.3666

### L.L.Bean

February 13<sup>th</sup>-14<sup>th</sup> & 20<sup>th</sup>-21<sup>st</sup>; 12:00-4:00 PM

**FREE Winter Fun Workshops & Clinics:** Stop by L.L.Bean and visit with members of their Outdoor Discovery team for workshops and lessons on a variety of topics. The following workshops take place in the store's Active Department:

- Fly Tying/Fly Fishing: fly tying basics, and fly tying practice (Please bring your own materials, or buy materials in the store)
- Selecting snowshoes and basic techniques
- Selecting cross-country skis and basic techniques
- Layering for winter sports, by sport
- Great places to enjoy winter sports

For more information call 800.650.6358 and ask for an associate in the Discovery Center in the Active Department.

February 13<sup>th</sup>-14<sup>th</sup> & 20<sup>th</sup>-21<sup>st</sup>; 9:00 AM

**FREE Blue Hills Hike or Snowshoe** (bring your own gear):

Join a member of the L.L.Bean Outdoor Discovery team for a snowshoe or hike of the Blue Hills, Milton. Children are welcome and must be eight or older and accompanied by an adult. Tours depart at 9:00AM in the Trailside Museum parking lot at Blue Hills, Milton. Advance registration is required; sign up at the L.L.Bean Outdoor Discovery Center. For more information call 800.650.6358 and ask for an associate in the Discovery Center in the Active Department.

### Stil Studio

February 10<sup>th</sup> & 17<sup>th</sup>; 3:45-4:45 PM

**Yoga for Tweens (9 to 12 years)**

Tweens will focus on building strength, flexibility and respect for themselves and others through flowing sequences that are modified to be safe, approachable and age-appropriate. Budding yogis will start to understand what a "vinyasa" is (a yoga flow), and will learn how to create a yoga flow sequence by writing their own yoga story and interspersing nature-inspired poses throughout. (For example, "One day, I was walking down a mountain that had a lot of trees, and I noticed that a lot of these trees had flowers on them. As I looked up to the beautiful sky I noticed an eagle and a butterfly"). Parents are welcome to stay during this session. Drop in rate is \$15, or \$135 for a ten-pack pass.

Monday, February 15<sup>th</sup>; 2:30-3:30 PM

**Yoga Adventure (Kids 3 to 5 years)**

A fun way for children to use their imaginations while releasing some energy, little yogis will go on a jungle adventure using car, boat and airplane poses to get there, and pretending to be the animals and plants that they "see" along their journey (lions, elephants, monkeys, lizard, trees, and flowers). Parents are welcome to stay during this session. Drop in rate is \$15, or \$135 for a ten-pack pass.

Monday, February 15<sup>th</sup>; 3:30-4:30 PM

**Flexible Fun (Kids 5 to 8 years)**

Kids will begin to focus on coordination, concentration and balance in this exciting class that teaches them to respect themselves and others, while having a great time exercising. Warrior poses will help to develop confidence with children saying "I am strong," "I am bold," and "My own balance I can hold" while practicing each pose, and games like "Yoga, Yoga, Pose" (a fun variation on "Duck, Duck, Goose" ) will have them giggling with excitement. Parents are welcome to stay during this session. Drop in rate is \$15, or \$135 for a ten-pack pass.

**More events on page two**

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## Showcase Cinema de Lux

February 13<sup>th</sup> & 14<sup>th</sup>; 12:00 PM

Join us for Kidtoons! Featuring the popular PBS Kids show “**Super Why & the Attack of the Eraser.**” All tickets only \$3.50. Plus, get a Super Why tattoo!

## Whole Foods Market- all events are FREE

February 12<sup>th</sup> & 19<sup>th</sup>; 5:00-7:00 PM

### Family Friday!

Stop by and enjoy a variety of samples in each department of the store while you shop! Take advantage of this great opportunity to try new products and talk to our team members about their favorite foods.

February 13<sup>th</sup>; 10:30 AM

### Healthy Families Discussion Group:

#### What happened to Family Dinner?

*Time management tips and easy recipes*

Join Sharla, Mom and Healthy Eating Team Member, for a series of discussions about nutrition and strategies for getting your family to eat more healthfully. Children are welcome to come and play in the kids area of the cafe during the meeting. Refreshments will be served. Please register at the customer service booth or contact Sharla ([sharla.halperin@wholefoods.com](mailto:sharla.halperin@wholefoods.com)) directly.

February 15<sup>th</sup>; 3:00-5:00 PM

### Bee Nourished! Beekeeping & Honey for the Whole Family

Join us for a fun, hands-on & tasty day the whole family will enjoy. The Norfolk County Beekeepers Association will be at the store to demonstrate the basics of beekeeping and answer questions about their organization. Kids of all ages will have the opportunity to taste different types of local honey and make beeswax candles.

February 17<sup>th</sup>; 11:00am-3:00 PM

### Climate Action Day

Global warming poses a serious threat to the environment. Stop by the store to find out simple ways you can reduce your personal carbon footprint and get a sneak peak at the Tesla Roadster, a 100% electric high performance sports car.

**11:00 AM;** Young adults aged 9-12 are invited to participate in a Global Warming Workshop. This workshop is free, but we ask that you pre-register at the customer service booth as class size is limited.  
**12:00 PM-4:00 PM;** What's Trash— Members of the Green Mission Team will be available in the cafe to help you sort out what items are recyclable & compostable.

**1:00 PM-3:00 PM;** Climate Action Expo

- “Ask the Whole Foods Market EcoCzar”
- Renewable Energy information
- Eco-crafts for kids presented by the Blue Bunny Bookstore
- Preserve Products “Gimme 5” recycling program

February 18<sup>th</sup>; 10:00 AM

### Story Time with Dedham Health and Athletic Complex

Bring your little one and join us, along with DHAC, as they bring their story time to us—an interactive story time your child won't want to miss! This isn't your average story time- it includes face painting, dancing, coloring, and snacks! Registration is required as class size is limited.

Friday, February 19<sup>th</sup>; 11:00am-7:00 PM

### Taste the Local Flavor

You don't want to miss out on this great opportunity to sample a variety of local products and meet the food artisans who are proud to bring you their delicious creations. They'll be sampling everything from coffee, cookies and bagels to salad, soup and chocolate.

February 20<sup>th</sup>; 10:30 AM

### Healthy Families Discussion Group: Soups On!

*Warm up with nutritious vegetarian recipes*

Join Sharla, Mom and Healthy Eating Team Member, for a series of discussions about nutrition and strategies for getting your family to eat more healthfully. Children are welcome to come and play in the kids area of the cafe during the meeting. Refreshments will be served.

Please register at the customer service booth or contact Sharla directly.

**Directions:** From I-95/Route 128/Route 1 North, take exit 15A or 15B toward Route 1A toward Dedham. Travel 367 feet and turn right onto Elm Street, and take the first left into Legacy Place.  
**From Route 1 South,** turn left onto Enterprise Drive. Legacy Place is on the right.

**Parking:** The garage offers convenient, complimentary parking with three elevators/stairwells to the shopping area. Valet service is available Thursday and Friday, 5 PM to close, and Saturday and Sunday, 12 PM to close for a charge of \$6. Valet service is free for handicapped customers.

**AQUITAINE**  
BAR À VIN BISTROT

bring this coupon to receive complimentary  
**PROFITEROLES**  
with purchase of lunch or brunch

Expires 2.21.10. Valid at Aquitaine Dedham only.